

**TERVETULOA HOLIDAY CLUB  
SAIMAAN RAUHAAN**

**WELCOME TO HOLIDAY CLUB  
SAIMAAN RAUHA**







# Emergency Situations

**In case of emergency, call 112**

## Apartment identification information

**Apartment name** Kiinteistö Oy Vipelentie 35  
**Location** Lappeenranta / Rauha  
**Address** Vipelentie 35, 55320 Rauha

## Safety instructions

If you are in immediate need of police assistance, call the general emergency number **112**.

## Making an emergency call

- First tell your name and explain what has happened and where
- Answer the questions you are asked
- Act according to the instructions given and end the call only when you are given permission to do so.

## In the event of fire, call the **112** emergency number.

If the indoor fire alarm rings, leave the building using the nearest, safest exit. Close the door behind you. Gather together in front of the apartment's main door far away enough in order not to obstruct rescue efforts. Do not jump from a window unless you are directed to do so by the rescue staff or other staff. Indicate your whereabouts and need for help for example by shouting, waving your arms or blinking lights.

In case you notice defects in the security arrangements, notify the reception or superintendent immediately.

In case of an accident or attack of illness call the 112 emergency number.

- Explain what has happened
- Help those in immediate danger and try to prevent additional accidents.
- Administer first-aid:
  - Secure breathing and blood circulation, remember ABC, Airway, Breathing and Circulation.
  - Prevent shock and stop excessive bleeding.

## General warning signal

The sound of the general warning signal is a constant ascending and descending sound of a siren, a horn or a whistle blown at short intervals, or a warning signal given by authorities. An even, constant sound of a siren indicates a fire alarm, which is intended for the fire department only.

General warning signal: a constant ascending and descending sound of a siren



Fire alarm: an even, constant sound of a siren



- Go inside and remain there.
- Close all doors, windows and ventilation openings, and turn the ventilation devices off.
- Turn on the radio and wait for instructions.
- Avoid using the telephone to keep the lines free.
- Do not leave the grounds without the authorities' permission in order to avoid danger.







**Pyörät ja grillit** ovat käytössänne viikot 20–40. Pyöränavaimet saatte huoneistosta ja ne voitte myöskin jättää sinne.

### **Grillin käyttöönotto**

Polttimon sytyttäminen piezo-sytytimellä

1. Avaa grillin kansi aina kun sytytät polttimon.
2. Liitä matalapainesäädin pulloon ja avaa kaasun tulo.
3. Paina säätinuppi pohjaan ja käännä se "lieska"-asentoon.
4. Painele piezo-sytytintä monta kertaa peräkkäin niin, että kuulet aina naksahduksen ja osoita polttimeen. Grillin poltin syttyy. Jos poltin ei kuitenkaan syty 3-5 sytytysrytyksen jälkeen, paina säätinuppi pohjaan ja käännä se "off"-asentoon. Odota 5 minuuttia, kunnes kaasu on hälvennyt, ja toista aikaisemmat sytytystoimenpiteet.

### **Grillin sammuttaminen**

1. Sulje kaasun tulo pullosta grilliin.
2. Kun kaikki liekit ovat polttimesta sammuneet – käännä polttimien säätimet kiinni, "off"-asentoon. Varmista vielä, että kaasun tulo pullosta on varmasti kiinni.
3. Irrota matalapaineensäädin kaasupullosta.

Tyhjien kaasupullojen vaihto: tilaathan vaihdon vastaanotosta (030 087 0952) arkisin klo 18 mennessä ja viikonloppuisin klo 12 mennessä (vaihto saman päivän aikana).

**Puhdista grilli aina käytön jälkeen. Turvallisuuden vuoksi grillaus sallittu ainoastaan lasiterassin ulkopuolella.**

**Huolto** on paikalla arkisin 8–16, viikonloppuisin päivystys hätätapaaksi varten.

# **Regulations**

## **1. Smoking**

Smoking in the rooms is strictly forbidden. If someone has smoked in the apartment, the real estate company has the right to charge for the use of the ozonator to clean the apartment. Throwing cigarette stubs on the ground is also strictly forbidden.

## **2. Outdoor candles and campfires**

Burning outdoor candles on the terraces and making campfires on the grounds is forbidden.

## **3. Pets**

Guests are obligated to inform the holiday centre if they intend to bring a pet(s) to the holiday apartment, preferably when they make their reservation or when they check in at the latest. The surcharge is to be paid to reception.

## **4. Parking**

Parking on Vipelintie 35 parking lot. 1 parking space per cabin. Extra vehicles should be parked to common parking places.

## **5. Waste management**

Waste containers for mixed waste are located in the yard. Separate paper waste from other waste. After you leave our cleaner will take the paper waste to the paper recycling location. Throwing recyclable material in the underground waste containers is forbidden. Throwing recyclable material in the waste containers is forbidden.

## **6. Living**

Activities that may disturb the night's rest of others should be avoided from 10 p.m. to 7 a.m.

## **7. Everyman's right**

Regulations regarding hunting and fishing must be observed.

## **8. Forest animals**

Feeding forest animals is forbidden because food lures them indoors, which causes damage to the apartment.

## **9. Damage to the apartment**

Notify the reception of broken dishes, appliances or other defects in the apartment.

## **RIGHT OF USE OF THE APARTMENTS**

### **Kiinteistö Oy Vipelentie 35**

**Apartments:** 15A1, 15A2

- Right to use the apartment check in day at 6 pm and ends check out day at 11am

These times are binding to ensure there is enough time to clean and maintenance the apartment for the next guest.

# **Instructions for Safety and Using the Holiday Apartment**

## **Key Service and maintenance**

Holiday Club Saimaa is responsible for the Key Service and for the maintenance of the apartments. To receive the key, the person indicated on the reservation list must sign for it.

### **Key card**

Please return the key card to the reception when you check out of the apartment.

## **Cleaning**

The apartments are cleaned on a weekly basis on Fridays between 11 a.m. and 6 p.m. and whenever new guests arrive. Guests are responsible for cleaning the apartment during their holiday, or they can arrange to have the apartment cleaned for them for a separate fee. Order the cleaning service by 2 p.m. on the previous day from reception.

Before leaving the apartment, we request that you:

- Wash the dishes and empty the clean dishes from the dishwasher and put them in the cupboard
- Fold the used bed linens and towels and put them on the floor in the shower room.
- Take the trash to the waste containers and put the empty bottles on the kitchen table for the cleaner to collect them
- Move the furniture back into place if you have moved it
- Make sure that all of the appliances are switched off (**excluding the refrigerator/freezer**) and that all of the windows and doors are shut.

Possible complaints should be directed to the reception. Please note: if the apartment is left especially dirty, extra cleaning will be charged additionally.

## **Fireplace**

Remember to use dry wood. When setting fire open the air intakes and the ignition vent. When the wood has caught fire properly, close the ignition vent and adjust the air intakes. If too much air gets into the fireplace, the burning temperature will drop. When the fire has turned to embers push the embers into a single pile so they burn out evenly. Close the air intakes and vents fully when the wood has completely burned out and there are no more blue flames visible.

## **Firewood**

The storage for firewood can be found outside on the terrace next to the front door. Do not lock the storage door. Please refill the wood basket for the next vacationer

## **Extra furnishings**

Notify the reception if you need a crib or/and high-chair for small children. Extra charges will apply.

## **Snow removal/ park and garden areas**

Holiday Club maintenance is responsible for removing snow and maintaining the park.

## **Ventilation**

The ventilation must always be set at 1. Ventilation can be adjusted if needed. Please note that there is no air conditioning in the apartments. The apartment has a remotely adjustable cooling air source heat pump. The pump is not in use during the heating season.

## **Heating**

The apartments have floor heating in every room. Please note that the apartments have electric heating. It should be noted that part of the heating in the apartment switches off when the sauna stove is on. The floor heating in the shower room remains on. Do not at any time turn the thermostat off completely.

## **Apartment furnishings**

Please notify the reception of any dishes that may have been broken during your stay. Also, please write what dishes/objects were broken on a piece of paper and leave it on the table to enable our staff to replace the items before the next guests arrive. Possible defects should be immediately reported to the reception.

## **Fire safety**

Fire safety regulations prohibit the making of open fires on the grounds. Burning outdoor candles and other types of candles on the terraces and steps is strictly forbidden. Make sure you know where the exits are located in case of a fire or other danger. Make sure you know where the smothering blanket is, and you know how to use it.

## **Dishwasher**

Put the dishes in the dishwasher. Add the dishwasher detergent and turn on the small water tap by the tap in the sink. Turn on the dishwasher.

## **Laundry machine**

Put the laundry in the machine. Add the laundry detergent and turn on the small water tap on the counter next to the sink. Turn on the machine.

## **TV channels**

The channels for the television and DVD-player have been tuned to the correct stations and therefore you only need the remote control to change channels. The television's instructions for use are in the apartment. Never lock or change the settings to the channels because changing them back to the original settings requires a key code.

## **Internet**

Free Holiday Club Wlan (Wi-Fi) is available, password: guestuser.

How to use the sauna

**Press the stove on with the 1/0 button.**

**The display shows the set temperature, which can be changed with the - and + keys.**

**Recommended temperature +60 °C- +80 ° C.**

If you want to schedule the heater to turn on later, press the Menu key while the power is on. The display shows 2.0, which means that the stove will be on for 2 hours. Press the + key for the desired time, e.g. 3.50. Now the stove starts to heat up after 3.5 hours and will be on for 2 hours. The maximum scheduling time is 18 hours.

The thermostat automatically switches off when the desired time has elapsed. However, always check that the power has been turned off. When the stove is set to heat up, the heat elsewhere in the apartment is automatically switched off. If you want to switch off the heater earlier than you have programmed it, press the 1/0 button and the heater will switch off. 1/0 button on the heater



## **Tips for users:**

- The stove / controller can be switched off at any time with the On / Off button.
- To scroll through the settings, press and hold the scroll key (+ or -).
- If the setpoints in the memory (sauna temperature and time) are suitable for the user, the stove can only be switched on by pressing the On / Off button on the controller. The control panel displays the setpoints and if no key is pressed during that time, the stove will start automatically.

## **How to take a sauna**

- Take a shower before going into the sauna. Rinsing yourself off should be sufficient.
- Sit in the sauna for as long as it feels pleasant.
- Good sauna behaviour involves the consideration of others and avoiding noisy behaviour.
- Forget the rush and relax.
- Cool off your skin.
- Wash yourself well after you are finished in the sauna.
- Drink something fresh to restore the fluids in your body.
- Rest and calm yourself down and after that you can get dressed.

**Bikes and grills are at your disposal during weeks 20–40. You can get the bike keys from the apartment and you can also leave them there.**

## **Setting up the grill**

Lighting the bulb with a piezo igniter

1. Open the grill cover every time you light the bulb.
2. Connect the low pressure regulator to the cylinder and open the gas inlet.
3. Press the adjustment knob to the bottom and turn it to the "flame" position.
4. Press the piezo lighter many times in a row so that you always hear a click and point to the burner. The burner on the grill lights up. However, if the burner does not ignite after 3-5 attempts on ignition, press the adjustment knob to the bottom and turn it to the "off" position. Wait 5 minutes until the gas has dissipated and repeat the previous ignition procedures.

## **Turning off the grill**

1. Close the gas inlet from the bottle to the grill.
2. When all the flames from the burner are extinguished – turn the burner controls closed, to the "off" position. Still make sure that the gas inlet from the cylinder is securely closed.

**Always clean the grill after use.** For safety, grilling is only allowed outside the glass terrace.

**Maintenance** is available on weekdays from 8am to 4pm, and on weekends for emergencies.

## Rauhan alueen historiaa

Rauhan sairaala oli Joutsenossa sijaitseva lakkautettu psykiatrinien sairaala. Se perustettiin vuonna 1926 huolehtimaan silloisen Viipurin läänin mielisairaalista ja lakkautettiin vuonna 2000 sairaalan toiminnan siirtyessä Etelä-Karjalan keskussairaalaan Lappeenrantaan.

Vuosina 1894–1910 Rauhan sairaalan paikalla toimi hotelli "Rauha pensionat för turister", palvelemassa venäläisiä turisteja. Vuonna 1910 hotelli muutettiin kylpylähotelliksi, joka oli aikansa parhaita alan laitoksia. Se tarjosi turisteille monipuoliset liikunta- ja hoitomahdollisuudet. Venäjän vallankumouksen jälkeen turistien virta kuitenkin ehtyi, ja kylpylähotellin pääarakennuksen tuhouduttua tulipalossa vuonna 1923 ei laitosta avattu enää uudestaan.



Seuraavana vuonna Viipurin läänin piirimielisairaalasta kuntainliitto osti rakennukset alueineen, ja perusti Rauhan mielisairaan. Tuhoutuneen pääarakennuksen perustuksille rakennettiin Axel Mörnen suunnittelema uusi pääarakennus. Lisäksi tuolloin rakennettiin myös keskipaviljonki sekä vanha keittiö. Rakennukset valmistuivat vuonna 1926 ja sairaala avattiin potilaille. 1950-luvulle tultaessa oli Rauhasta kehittynyt eräs Suomen suurimmista mielisairaaloista, jossa huippuaikanaan oli hoidettavana jopa 800 potilasta.

1980-luvulla alkanut psykiatrisen sairaanhoidon uudelleenjärjestely väheni sairaalan potilasmäärää. Lopulta Etelä-Karjalan Sairaankoitiiri siirsi sairaalan toiminnan Etelä-Karjalan Keskussairaalaan ja lakkautti Rauhan sairaalan. Sairaalatoiminta Rauhassa loppui vuonna 2000.

Rauhan sairaalan alueella on ollut 11 sairaalarakennusta. Ensimmäiset niistä rakennettiin vuonna 1926 ja viimeinen vuonna 1981. Osa rakennuksista on yhdistetty toisiinsa maanalaisin tunnelein, jotka on tarkoitettu ruuan jakeluun keskuskeittiöltä muihin rakennuksiin. Sairaala-alueen rakennuksineen omistaa Joutsenmaa Oy.

Kolme ensimmäiseksi valmistunutta rakennusta, Vanha pääarakennus, Keskipaviljonki sekä Vanha keittiö ovat Axel Mörnen suunnittelemia. Loput rakennuksista on suunnitellut Jalmari Lankinen, lukuun ottamatta Poliklinikkarakennusta sekä Keskuskeittiötä.



## History of Rauha area

Holiday Club Saimaa is built in an area with a long tradition in boarding house and hotel activities.

The first hotel and spa centre – Rauha pensionaat för turister – was opened in 1894 by building manager Gustav Alm. Russian-born doctor Dimitri Gabrilovitsch bought Rauha in 1912 to convert it into a sanatorium. The services offered included different baths, galvanic therapy and bright-light therapy.



The available diet foods and vegetarian dishes were a sign of the advanced service. Guests came all the way from Russia, Poland, Romania and even America. There were princes and barons with their families, not to mention businessmen. The Rauha spa building burned down in 1923, after which the area was sold to the Province of Vyborg's hospital district. The construction of the new hospital started in 1925, and the hospital opened on 22 November 1926. The hospital building was designed by Finnish architects.

During the Second World War, Rauha had a military hospital, and between 1946 and 1954, it also hosted a maternity hospital. The hospital was finally closed down in 2000.

Hotel and spa activities, which started over 100 years ago, are once again back in Rauha, complete with many different services.

